

We are delighted to offer a varied programme of events for 2023. You will find a warm welcome at Shepherds Dene which is an Arts and Crafts House set in beautiful surroundings.

Brief details of our programme events are given below. See also our website for more details: www.shepherdsdene.co.uk/events/ Please contact us with any enquiries or to make a booking. 01434 682212 info@shepherdsdene.co.uk

Shepherds Dene Retreat House, Riding Mill, Northumberland NE44 6AF



#### Fridays 24th February—31st March

## **Lent Reflection Days**

£28 per day

Guided days during Lent with time for quiet and reflection.

Very Rev'd Geoff Miller 24th February

3rd March Rev'd Canon Charlie Allen

10th March Bishop Mark Bryant

17th March Rev'd Tony Holden

24th March Rev'd Frances Dower

31st March Rev'd Canon Peter Dobson



## Saturday 25th - Sunday 26th February

#### **Beat the Winter Blues**

£225

Relax and enjoy being pampered with holistic treatments, yoga, meditation and a short walk.



## Friday 28th — Sunday 30th April

## **Creative Retreat using Godly Play**

£290

Time and space to explore through the media of story, wondering and silence including use of creative / craft resources.

See also www.godlyplay.uk/events/

To book please contact Godly Play admin@godlyplay.uk



### Friday 5th—Sunday 7th May

## **JSArts Folk Music Workshops**

from £375

Weekend courses for fiddles or mixed instruments. Enjoy intensive folk music study, music making and self development with expert tuition from experienced teacher and musician Stewart Hardy.

See also www.stewarthardy.co.uk

For information and bookings contact Ali music@stewarthardy.co.uk





Monday 22nd—Thursday 25th May

**Knitting and Crochet Week** 

£305

Come and enjoy companionship and creativity in beautiful surroundings with time for relaxation and contemplation.



**Friday 26th May** 

**Guided Walk with Rev Diana Johnson** 

£20

A chance to explore the countryside around Shepherds Dene. Bring your own lunch, other refreshments provided.



Friday 26th—Sunday 28th May

The Emotional Effects of Colour

£310

Explore the use of Colour Psychology to bring about personal growth and promote positive change.



Saturday 10th June

**Labyrinth Day** 

£45

A day of prayer and pilgrimage in search of God's heart. Explore the use of labyrinths as a spiritual tool and a way of walking an inner journey of Christian spirituality.



Friday 7th— Sunday 9th July

Julian of Norwich

£310

A weekend to celebrate various ways of prayer in this 650th anniversary year of Julian's 'Revelations of Divine Love'. Exploring prayer with 'Why Pray?', writings of Robert Llewelyn, Chaplain to the Shrine of Julian of Norwich from 1976-1990, compiled and edited by Denise Treissman.



Sunday 9th— Thursday 13th July

**Cross Stitch with Barbara Thompson** 

£385

A great opportunity to develop your cross stitch skills whether you are a beginner or experienced. Enjoy a creative time in a supportive and relaxing atmosphere.



### Friday 14th— Sunday 16th July

#### **Reiki Level 1 Training with Fiona Cox**

£485

Rediscover your true self beneath all the fear, anger, worry and judgement. A spiritual journey of self discovery, learning the system of Reiki to improve your health and wellbeing.



### Monday 31st July—Friday 4th August

## **Drawing and Painting Holiday Week**

£365

Come and enjoy a relaxing creative holiday in an inspiring setting.

Bring your art materials and have time to draw, or paint, with Paul

Judson on hand if you need some informal help.



## Friday 8th—Sunday 10th September

#### **Colour Personalities**

£310

What do your colour choices reveal about your personality? A weekend of self-discovery and personal growth.



#### Friday 15th—Sunday 17th September

#### **JSArts Folk Music Workshops**

from £375

Weekend courses for fiddles or mixed instruments. Enjoy intensive folk music study, music making and self development with expert tuition from experienced teacher and musician Stewart Hardy. See also www.stewarthardy.co.uk



For information and bookings contact Ali music@stewarthardy.co.uk



#### **Saturday 23rd September**

#### **Guided Walk with Rev Diana Johnson**

f20

A chance to explore the countryside around Shepherds Dene. Bring your own lunch, other refreshments provided.



Monday 16th—Thursday 19th October

**Knitting and Crochet Week** 

£305

See May retreat for details





#### Friday 3rd— Sunday 5th November

#### **JSArts Folk Music Workshops**

from £375

Weekend courses for fiddles or mixed instruments. Enjoy intensive folk music study, music making and self development with expert tuition from experienced teacher and musician Stewart Hardy. See also www.stewarthardy.co.uk

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## Monday 20th—Friday 24th November

# A Visual Virtual Retreat by the Sea of Galillee with Bishop John Pritchard

£355

Using vivid photos and evocative Bible studies, visit the places Jesus loved and lived in throughout Galilee. No airfare needed!



## Friday 8th—Sunday 10th December

## **Comfort and Joy Weekend**

£325

Enjoy a weekend off from the Christmas rush, relax and feel pampered with holistic treatments, yoga and meditation.



# Friday 15th, Monday 18th, Tuesday 19th December Christmas Lunches

£29.50

Come and enjoy a delicious home cooked three course

Christmas lunch in the beautiful surroundings of Shepherds Dene.

Bring your friends.

Further events may be added throughout the course of the year so please check our website www.shepherdsdene.co.uk and Shepherds Dene for updates, or contact us for more information.



Please contact us for more information about the events and to book your place.

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